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ABSTRACT

This guide teaches parents and educators of black and biracial children how to reduce racism's impact on a child's development to promote emotional health at preschool, elementary, and secondary levels. The chapters are: (1) "Chocolate and Vanilla: How Preschoolers See Color and Race"; (2) "How Preschoolers Begin To Learn Racial Attitudes"; (3) "When To Be Concerned that Race Is a Problem for Preschoolers"; (4) "Raising the Racially Health Preschooler"; (5) "Shades of Brown and Black: How Early Grade-Schoolers See Color and Race"; (6) "Black Children's Self-Esteem: The Real Deal"; (7) "How School Influences Children's Awareness of Color and Race"; (8) "Fading to Black and White: How Children in the Middle Years See Race"; (9) "How School Influences Older Children's Ideas about Race"; (10) "Preparing for Adolescence: The Lines Are Drawn"; and (11) "A Healthy High School Experience: You Can Make a Difference." An epilogue summarizes the major points, and an appendix contains a chart of the stages of race awareness. (SLD)

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